

Warren County Little League Safety Plan 2019



Table of Contents

SUMMARY	3
BOARD MEMBERS	4
EMERGENCY CONTACT INFORMATION	5
DISTRIBUTION	6
VOLUNTEERS	6
APPLICATIONS	6
BACKGROUND CHECKS	6
CONFIDENTIALITY AGREEMENTS	6
PARTICIPATION	6
TRAINING	7
FIRST AID	7
FUNDAMENTALS	7
WEATHER SAFETY	8
GENERAL GUIDELINES	8
CONCESSION STAND SAFETY	9
GENERAL GUIDELINES	9
FOOD COOKING GUIDELINES	9
FOOD STORAGE GUIDELINES	9
EQUIPMENT	10
INSPECTIONS	10
BATTERS	10
CATCHERS	10
BASE RUNNERS	10
GENERAL GUIDELINES	10
FACILITIES	11
INSPECTIONS	11
FIRST AID SUPPLIES	11
TELEPHONE	11
PARKING	11
ACCIDENTS/INJURIES	12
CONTACTING EMERGENCY PROFESSIONALS	12
REPORTING ACCIDENTS/INJURIES	13
LITTLE LEAGUE INSURANCE INFORMATION	13

Summary

A very important, but often overlooked aspect, of baseball is the safety of the players, umpires, volunteers, and spectators. In Warren County Little League, **safety is the primary consideration at all times and in all aspects of our league.** We are committed to providing a safe environment for all to enjoy and preparing our volunteers for emergency incidents that may arise throughout the season.

To be successful in preventing or minimizing injuries, it takes the effort of all league volunteers. For each volunteer to be effective in helping our cause, the league takes seriously its obligation to educate its volunteers and participants. In exchange, Warren County Little League expects volunteers to adhere to the safety guidelines, policies, and procedures contained herein and encourages them to educate its participants in turn.

Board Members

Position	Member	Home Phone	Cell Phone	Email Address
President	Mike Taggart	(513) 403-0431	(513) 403-0431	michaelstaggart@gmail.com
Vice President	Chad Nahrup		(513) 253-6390	chad@hudawn.com
Treasurer	Joe McCullough	(513) 583-8888	(513) 404-1090	jmccullough@wgmlpa.com
Secretary	Josh Foley		(513) 444-8772	josh.d.foley@gmail.com
Information Officer	Mike Taggart	(513) 403-0431	(513) 403-0431	michaelstaggart@gmail.com
Safety Officer	Chad Nahrup		(513) 253-6390	chad@hudawn.com
Fundraising/Sponsor Coordinator	Mike Taggart	(513) 403-0431	(513) 967-4669	michaelstaggart@gmail.com
Registration Coordinator	Brandon Bowman		(513) 919-7171	blbowmanblb@gmail.com
Uniform Coordinator	Josh Foley		(513) 444-8772	josh.d.foley@gmail.com
Equipment Coordinator	Andy Hamm		(513)	hammandy44@gmail.com
Facilities Coordinator	Chad Nahrup		(513) 253-6390	chad@hudawn.com
Umpire Coordinator	Chad Nahrup		(513) 253-6390	chad@hudawn.com
Head Player Agent	Mike Beal		(513) 295-1218	mike@gzash.com
Player Agent – Tee Ball Division	Josh Foley		(513) 444-8772	josh.d.foley@gmail.com
Player Agent – Coach Pitch Division	Josh Foley		(513) 444-8772	josh.d.foley@gmail.com
Player Agent – Minor Division	Mike Beal		(513) 295-1218	mike@gzash.com
Player Agent – Major Division	Mike Beal		(513) 295-1218	mike@gzash.com
Player Agent – Junior Division	Mike Beal		(513) 295-1218	mike@gzash.com
Player Agent – Senior Division	Mike Beal		(513) 295-1218	mike@gzash.com

Emergency Contact Information

EMERGENCY (Police/Fire/EMT)..... 911

Police (Non-Emergency)

Hamilton Twp/Maineville..... (513) 925-2525

Morrow..... (513) 932-4080

Fire (Non Emergency)

Hamilton Twp..... (513) 683-1622

Salem/Morrow..... (513) 899-2222

Local Medical Facilities

Bethesda Medical Center – Arrow Springs..... (513) 282-7000

100 Arrow Springs Blvd

Lebanon, OH 45036

Located about 1 mile north of I-71 on S.R. 48

Rivers Bend Urgent Care..... (513) 697-9117

87 East US 22/3

Maineville, OH 45039

Located at the corner of S.R. 48 and US 22/3

Hours of Operation: M-F 9AM to 9PM, Sat/Sun 10AM to 6PM

Bethesda North Hospital..... (513) 865-1111

10500 Montgomery Rd

Cincinnati, OH 45242

Located about 1 mile south of I-275 on Montgomery Rd

Distribution

The safety regulations, policies, and procedures for Warren County Little League are distributed to the District Administrator and Little League Headquarters by either the Safety Officer or the League President. Prior to the season, the plan is also distributed to the managers of every team in all age divisions.

Volunteers

Applications

All volunteers for Warren County Little League, including but not limited to, league officers, board members, managers, and coaches are required to file a completed Little League Volunteer Application form with the league. The Little League Volunteer Application form is available for download at http://www.littleleague.org/Assets/forms_pubs/VolunteerApp17.pdf

Background Checks

All volunteers for Warren County Little League, including but not limited to, league officers, board members, managers, and coaches must submit to and pass a criminal background check prior to engaging in any activities of the league. Background checks are conducted by the League President or the Safety Officer and the results remain confidential.

Confidentiality Agreements

All league officers, board members, and volunteers who have access to player and volunteer registration information for Warren County Little League are required to sign and file a completed Confidentiality Agreement form with the league.

Participation

Warren County Little League only permits players, managers, coaches, officials, and authorized volunteers to be on the field during practices and games. Parents and spectators are to remain outside the bench area and the field at all times.

Training

First Aid

All Warren County Little League board members, officials, and at least one member of each team coaching staff are required to attend the basic first-aid training session. All coaches and managers are required to attend once every three years. The session covers instructions and procedures on how to contact emergency personnel, how to administer first-aid treatment for common baseball related injuries, and how to minimize the risk of transmission of communicable diseases. The date and time of the first-aid training session will be held Sunday, March 24th, at 11:30 AM at Testerman Park.

Fundamentals

At least one member of each team coaching staff is required to attend the basic coaching fundamentals training session. All coaches and managers are required to attend once every three years. The session covers topics such as positive coaching along with fielding, hitting, throwing, and sliding techniques. The date and time of the fundamentals session will be held Sunday, March 24th, at 11:30 AM at Testerman Park.

Weather Safety

General Guidelines

General guidelines pertaining to weather are:

- Practices and games are to be postponed or suspended when field conditions are unsafe to play or when lighting is inadequate.
- At the first sign of lightning, all practice or game activity must stop and everyone should seek safe cover. Activity may resume approximately 30 minutes after the last sign of lightning.

Concession Stand Safety

General Guidelines

General guidelines pertaining to concessions and food preparation are:

- Concession workers must wash their hands with hot, soapy water before handling food. Hand washing should occur frequently.
- All food preparation surfaces and utensils should be washed with hot, soapy water after preparing each food item.
- Sanitizing cloths are to be stored in a sanitizing solution comprising of about 1 capful of bleach per gallon of water.
- Disposable hand towels and hand soap are to be available at all times.

Food Cooking Guidelines

Food cooking guidelines are:

- Always place cooked food on a clean plate. Never place cooked food on a plate that previously held raw food.
- Cover all food items where possible.
- Food should be cooked evenly and at a temperature of at least 140° F.

Food Storage Guidelines

Food storage guidelines are:

- Store all food at least 6" off the floor to minimize contamination.
- Chilled foods should be stored in a location that is 40° F or below.

Equipment

Inspections

At the beginning of each season, the Equipment Coordinator thoroughly inspects the equipment of each team and replaces suspect or damaged items as warranted. Managers are to inspect their equipment regularly and report any issues or concerns to the Equipment Coordinator or the Safety Officer. Equipment that is damaged or does not meet Little League standards must not be used in any game or practice.

Batters

All batters must wear Little League approved NOCSAE protective helmets during practices and games. This includes practicing in the on-deck areas.

Catchers

Catchers must wear a catcher's helmet (with face mask and throat guard), chest protector, shin guards, and protective cup with athletic supporter while catching during practices and games. Catchers must wear a catcher's helmet (with face mask and throat guard) when warming up pitchers.

Base Runners

All base runners must wear Little League approved NOCSAE protective helmets during practices and games. Helmets should remain on until the player returns to the bench area. Additionally, base runners are not permitted to slide head first into bases. Intentional contact with defenders is not permitted (i.e. running into the catcher).

General Guidelines

General protective guidelines for coaches and players are:

- Players are encouraged to wear protective cups with athletic supporters during practices and games.
- Players who wear glasses are encouraged to wear safety glasses.
- Players are encouraged to wear mouth guards.
- Players are not permitted to wear watches, rings, pins, jewelry, or other metallic items. Medical alert bracelets are permitted but must be taped down.
- Players are not to handle or swing bats until it is their turn to hit.
- All equipment is to be kept in the bench area and out of the field of play.

Facilities

Inspections

At regular intervals, the Facilities Coordinator thoroughly inspects each of the fields and associated spectator areas and makes necessary improvements to ensure the safety of the players, fans, and officials. Prior to every practice and game, managers are to inspect their field for holes, damage, stones, glass, or other foreign objects and unsafe conditions. Anyone identifying a safety issue or concern pertaining to the baseball facilities should report it to the Facilities Coordinator or the Safety Officer.

First Aid Supplies

First aid kits, stocked with items to treat common baseball related injuries, are provided to each team. At location, ice packs are available in the field boxes, storage room, or at the concession stand. The Safety Officer will make periodic inspections of the kits throughout the season and restock as warranted. Managers and league officials are to report any shortages regarding first aid supplies to the Safety Officer.

Telephone

Managers are encouraged to have a mobile phone present at all practices and games to use in the event of an emergency. If no mobile phone is present, there is a land line telephone located in the concession stand that can be utilized.

Parking

All vehicles must be parked in the designated parking lots of the park. Unless prior permission is given by the League President or Facilities Coordinator, no vehicles are to be driven or parked on the walkway paths that connect the fields. As well, teams are not permitted to practice in the parking lots.

Accidents/Injuries

Contacting Emergency Professionals

The most important assistance you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follows these steps.

1. **Dial 9-1-1.**
2. **Give the dispatcher the necessary information.** Answer any questions that he or she might ask. Most dispatchers will ask:
 - **The exact location or address of the emergency?** Include the name of the city or town, nearby intersections, landmarks, etc. as well as the field name and location of the facility, if applicable.

The address of Testerman Park is: 8373 Maineville Rd

Cross streets are:

Foster-Maineville Rd (to the North)
Hatt-Swank Rd (to the South)
 - **The telephone number from which the call is being made**
 - **The caller's name**
 - **What happened** (a baseball-related accident, bicycle accident, fire, fall, etc.)
 - **How many people are involved**
 - **The condition of the injured person/people** (unconscious, bleeding, possible fracture, etc.)
 - **What help is being given** (first aid, CPR, etc.)
3. **Do not hang up until the dispatcher hangs up.** The dispatcher may be able to tell you how to best care for the victim.
4. **Continue to care for the victim(s) until professional help arrives.**
5. **Solicit a volunteer to go to the street and look for the police, ambulance, or fire personnel.** Flag them down if necessary and direct them to those who are injured. This saves valuable time. Remember, every minute counts.
6. **Complete an Incident Report and submit it the league Safety Officer within 48 hours.**

Reporting Accidents/Injuries

Should an injury result to a player, volunteer, spectator, or anyone present for our league activities, it is extremely important for the league to be informed about the incident. The manager of the team associated with the injured party/parties is to complete an Injury Incident Report and submit them to the Safety Officer with 48 hours of the incident. A form needs to be completed for each party involved. If there is any question as to whether a form needs to be submitted, please take the conservative approach and submit one. Commonly, what appears to be a scrape or bruise could later turn out to be something more serious.

The Injury Incident Report form is available at

http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf

Little League Insurance Information

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by parent's employer. If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area, after a \$50.00 deductible per claim, up to the maximum stated benefits. This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League headquarters within 20 days after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:
 - a. Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, subject to the Policy's maximum limit of \$100,000 for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.
 - b. If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay

the lesser of: 1. A maximum of \$1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment.

Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs.

No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons.

Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in a better understanding of an important aspect of the operation of the Little League endorsed insurance program. If you have any questions, please contact the league President or the Safety Officer.